

Ingredient Properties

natural & organic ingredients listing

* Essential Oils

** Certified Organic

Extracts from "The Organic Advisory Line" Feb.2002

| | |
|----------------------------|---|
| Aloe Vera Juice** | Aloe Vera has healing soothing, antibacterial and moisturising properties. It is used to relieve burning, itching, minor cuts and first and second degree burns. Recent studies indicate that aloe vera has the ability to accelerate cell growth in the skin. |
| Apricot Kernal oil | Very light texture makes it very suitable as a facial oil, especially for sensitive, inflamed, dry or mature skin. Deeply nourishing towards the skin. Used in skin care as it is a good source of vitamin A and essential fatty acids |
| Ascorbic Acid(Vit C) | Natural Vitamin C is an antioxidant and free-radical scavenger. Vitamin C is indispensable for the formation of healthy collagen, which reduces the appearance of wrinkles and keeps the skin looking young. It has been shown to inhibit skin cancer. |
| Alpha Olefine | A natural surfactant" (cleansing agent) synthesised from vegetable extracts and castor oil.. non toxic |
| Basil (Ocimum basilum)** | beneficial for its cleanser and relaxing properties. Containing high concentrations of Vitamin A and C. |
| Biodynamic Avocado Oil ** | Unrefined Avocado oil, which is dark green in colour, contains vitamins A, B1, B2, Pantothenic acid and E as well as lecithin. It is excellent for dry and wrinkled skin. |
| Birch ** | Birch: leaves the skin soft and silky. It has antiseptic and aromatic properties and is helpful in activating and enlivening damaged hair. Very beneficial to the skin. It is also useful in hair loss preparations. |
| Burdock ** | Burdock: has a cleansing calming and healing action, and may also promote hair growth. Known to eliminate impurities from the body Burdock root has been used as a remedy against skin cancer in China, India, Canada and Russia. Herbalists praise it as an excellent remedy for acne and eczema. Burdock is said to restore the smoothness of the skin and promote hair growth. |
| Celtic Sea Salt** | Hand harvested Sea salt. Natural bath crystal. High in essential minerals. |

| | |
|----------------------------|---|
| Calendula Extract ** | Our unique extraction of Calendula flowers over 100 times stronger than the maceration in vegetable oil. Calendula is an excellent antiinflammatory, and is very useful for eczema, dermatitis and irritated skin in general. |
| Candelilla Wax | A wax derived from the Candelilla plant |
| Carrot Seed Extract | Carrot seed has regenerating and toning effects, which is excellent for mature and congested skin. |
| Citric Seed Extract | Derived from citrus fruit and employed as a preservative and helps adjust acid/alkaline balance. |
| Chamomile ** | Chamomile: is an excellent wash for sores and wounds, helps improve the colour and general health of hair whilst making the skin soft and supple Chamomile has anti-bacterial and fungicidal properties. It has excellent wound-healing and pain-relieving properties. |
| Chamomile Water ** | This is the pure water of distillation from Chamomile petals. Excellent for soothing and calming the skin. |
| Coconut oil / extract | Derived from the Coconut used as a cleanser and moisturiser / softener. |
| Coco betaine | Derived from coconut oil and is used as a foaming agent. |
| Coco polyglucose | Coco polyglucose is a "non-ionic surfactant" (foaming agent) synthesised from coconut and glucose from corn. |
| Chlorella extract | A natural ocean algae extract that provides a high moisturising and soothing properties. High in natural mineral content. Used for its known qualities towards repairing cuticles and strengthening nails. |
| D-Alpha Tocopherol (Vit E) | Natural Vitamin E protects skin from damage by pollutants and is a powerful free-radical scavenger. It inhibits the formation of cancer-causing nitrosamines and has been shown to inhibit cancer directly. Research has shown that vitamin E can double the life of human cells. It is therefore an excellent weapon against premature aging and wrinkles. |
| Decyl glycoside | a "natural surfactant" (foaming agent) synthesised from glucose from sugar. Non toxic |
| D-Panthenol (Vit B5) | Panthenol is the provitamin of pantothenic acid (vitamin B5). It improves the moisture-retention capacity of the skin and stimulates skin regeneration. Dry skin stays supple and elastic for longer. It has an anti- |

| | |
|------------------------|--|
| | easier to comb, reduces hair splitting, improves the condition of damaged hair, thickens the hair and provides sheen. |
| Echinacea** | Echinacea herb is used internally as a blood purifier. Externally, it helps speed the healing of skin conditions caused by acne, eczema and other problems. Firms and tones the skin. |
| Evening Primrose Oil * | Evening primrose: An enriching and nourishing facial oil. This highly moisturising and emollient oil helps clear skin blemishes, soothe irritations and softens wrinkles exaggerated by dryness. Expressed from the seeds of the Evening Primrose flower. It is extremely high in essential fatty acids (linoleic, linolenic and arachidonic). It also contains gamma-linolenic acid (GLA) |
| Frankincense oil* | The pure essential oil obtained from the resin of Frankincense bark is regenerative and astringent. It is excellent for aging skin and the treatment of wrinkles. It tones the skin and promotes new cell generation. |
| French Cypress * | The pure essential oil of the Cypress leaves and twigs and have a tightening effect on the skin in general. |
| French Lavender ** | The pure essential oil from the freshly cut tops of Lavender flowers is useful for all skin since it regulates sebum production. It fosters the regeneration of new skin cells and soothes inflamed skin. |
| Guar Gum | A natural gum derived from the Guar plant. Used as a thickening agent |
| Ginseng extract | Said to prolong life and used for its nourishing and revitalising effect to the skin. |
| Geranium * | Its properties are anti-bacterial and normalises sebum production and is an antiseptic astringent. It fosters the regeneration of new skin cells and soothes inflamed skin. |
| Glyceryl monoglyceride | A food grade emulsifier used as an antimicrobial agent against gram-positive bacteria. Natural fatty acid used as a preservative. Non toxic food grade preservative. |
| GI Glycerine | Derived from vegetable oils and is used for its ability of absorbing moisture from the air, and therefore helps keep moisture in creams and other products. |
| Gotu Kola | Gotu Kola herb is one of the reported "elixirs of life", as is Ginseng. Gotu Kola is said to be useful for stressed |

| | |
|--|---|
| | valued skin tonic. |
| Grapefruit Seed | Grapefruit Seed Extract is a potent antibacterial and anti fungal. It can also be used as an internal medication to relieve candida infections. |
| Grape seed oil | The perfect oil for the babies skin. It is the favourite oil for massage blends because of its light texture, and lack of colour and odour. It is suitable for all skin types. It is one of the highest in polyunsaturated fatty acids. |
| Hazelnut Oil | Expressed from the kernel of the hazelnut, this oil contains vitamins, minerals and protein. It is said to be beneficial for oily or combinations skins and useful with acne. |
| Horsechestnut | Horsechestnut seed is an excellent treatment for blotchy and sensitive skin. It helps to strengthen capillaries and is antiinflammatory. |
| Horsetail ** | Horsetail (herb): is considered to be the best possible tonic to cure acne and eczema, known to provide excellent healing effect for most skin conditions. Also is known to have healing and calming properties and strengthens the hair whilst giving a healthier glow to the skin. It has also been praised for its ability to reduce swelling of the eyelids and heal wounds. |
| Sodium Hydroxymethylglycinate (Hydroxymethylglycinate) | This is an anti-microbial agent derived from glycine (a natural preservative) which in turn is extracted from plants. Non toxic. |
| Jojoba Oil ** | A liquid wax from the Jojoba plant. Penetrates and moisturises the skin. An anti-inflammatory oil for dry sensitive skin types, also helpful towards dermatitis, psoriasis and acne problem skin. It helps dissolve sebum and unclog pores. Rich in vitamin E and has the longest shelf life of all the carrier oils. It is a liquid wax and does not oxidise and seems to have some possible benefits in preventing hair loss. |
| Kaolin & Bentonite | Natural clays derived from our earth. |
| Kakadu plum (Terminalia fediniana) | Kakadu plum extract: Known to have one of the highest source of vitamin C in the world. A skin tonic. |
| Korean Ginseng | The extremely rare and expensive Korean Ginseng root acts as a potent skin reactivator and rejuvenator. Ginseng activates cell metabolism and prolongs the life span of human cells. It is used as an anti-wrinkle and anti-aging ingredient. It is excellent for revitalising stressed skin. The polysaccharides in Korean Ginseng have antiinflammatory properties. |

| | |
|--|---|
| Lactic Acid | A food grade preservative that produces natural bacteriocins substances that kill bacteria. |
| Lavender Water ** | The pure water of distillation from Lavender flowers, saturated with the water-soluble botanicals present in the flowers, is excellent for all skin types and is soothing and calming for the skin. |
| Lemon Myrtle oil * | Lemon Myrtle: A skin tonic used on skin irritations. The best source of high quality natural lemon scent known to the world. Used as a essential oil aftershave and cleansing toner. It is known to be excellent for acne conditions and oily skin. |
| Lemon oil * | The pure essential oil expressed from the peel of ripe lemons is astringent, antibacterial, antiseptic and cleansing. When applied to oily skin is can help reduce sebum production. |
| Liquorice extract (Liquiritia officinalis) | Delivers valuable soothing properties to the skin. Highly rejuvenating and nutritive qualities are attributed to it. |
| Lime oil * | The pure essential oil expressed from the peel of ripe limes is cleansing and antiseptic. |
| Biodynamic Macadamia oil. | Highly nourishing oil that is suitable for all skin types, especially dry and mature skins. This oil helps reduce moisture loss from the skin and is naturally resistant to oxidation. |
| Marshmallow | Marshmallow leaf (or Althea) has been used since ancient times as an antiinflammatory to soothe and heal the skin. Its name is derived from Greek, meaning healing. It is said to control oily skin and soothe allergic skin reactions. |
| Moroccan Rose oil* | Over one million blooms are used to make one kilo of the highly prized oil of the Moroccan Rose. It is excellent for dry, mature and sensitive skin. It is astringent, toning and regenerative. |
| Glycerol monostearate | Derived from vegetable oils and used as a emollient. |
| Myrrh oil * | The pure essential oil obtained from the resin from Myrrh tree has excellent anti-aging and anti-wrinkle properties. It is astringent (tones the skin) and promotes new cell generation. |
| Native Thyme Thymus ** | Native Thyme: known for its cleansing, anti-bacterial and purifying properties. Refreshing to the skin. |
| Natural Cetyl alcohol | - |

| | |
|----------------------------|--|
| | thickener, emulsifier and carrying agent. |
| Nettle ** | Stinging Nettle is said to increase micro-circulation of the skin. It stimulates metabolism and is used in the treatment of dark circles around the eyes. |
| Olive Extract | Olive extract is a unique anti-oxidant from the olive leaf. It protects both your skin and the polyunsaturated oils in our products from free radical damage. It reduces skin damage caused by pollution and UV radiation, therefore protecting the skin from photo aging. It also improves skin hydration and elasticity. |
| Palmarosa * | The pure essential oil of Palmarosa grass is considered a cellular regenerative. It is useful for problem skin and acne, as well as dry and wrinkled skin. It is antiseptic, stimulating and soothing. |
| Patchouli * | The pure essential oil of Patchouli leaves is used to treat dry, mature or wrinkled skin, to rejuvenate, invigorate and restore. |
| Panthenol (pro-vitamin B5) | Panthenol (pro-vitamin B5) readily absorbs into the hair. It provides long lasting moisturisation, conditions and detangles. Panthenol reduces the formation of split ends, repairs damaged hair and thickens undamaged hair. |
| Plantain Extract | Plantain leaf is said to soothe and heal many skin conditions. It is toning, an astringent (contracts skin tissues) and reduces oil secretions of the skin. |
| Rose Water | The pure water of distillation of Rose petals, saturated with the water-soluble botanicals present in the flowers, is excellent for all mature and dry skin types and is soothing and regenerating for the skin. |
| Organic Sesame oil ** | High in mineral content and used consisting essentially of oleic and linoleic acids and very beneficial to the skin. |
| Organic Rosehip Oil ** | Rosehip Seed oil is used to reduce scarring and facial lines, soften scars and retard premature aging. It is high in vitamin F (essential fatty acids). |
| Rosemary oil * | The pure essential oil of this special type of Rosemary is useful for acne and oily skin and is an excellent wound healer. It is also regenerating for mature skin, wrinkles and dry skin. |
| Rosemary extract | A unique anti-oxidant from Rosemary An extract from rosemary used as a natural preservative. |

| | |
|---|---|
| Organic Safflower Oil ** | Used often in massage oils and as a carrier for essential oils. Can be useful blended with any of the oils on this page. Spreads easily and is suitable for all skin types. Safflower oil is expressed from safflower seeds. It has one of the highest linoleic acid contents of all known oils. Safflower oil has superior skin compatibility and increases the moisture content of the skin (skin hydration is proportional to the level of linoleic acid in the skin). |
| Sage (<i>Salvia officinalis</i>)** | Sage : Used by Naturopaths for its cooling and cleaning properties on the skin. |
| Sandalwood oil * | The pure essential oil from Sandalwood is said to strengthen the connective tissue and dermis and help water retention in the skin. It is an excellent hydrating oil for dry skin. It is healing and anti-bacterial, making it useful for acne and itching in general. |
| Organic Sesame oil (<i>Sesamum Indicum</i>) | High in mineral content and used consisting essentially of oleic and linoleic acids and very beneficial to the skin. |
| Soy Lecithin (GMO free) | Soy Lecithin: is an excellent source of protein and helps revitalise skin and hair. High in vitamin B. Extract of soy oil. |
| Soy Protein (GMO free) | Derived from the soybean and is used as a source of protein. |
| Sclerotium Gum | Sclerotium Gum is a natural polysaccharide. It is obtained through fermentation of a sugar based medium by the yeast <i>Sclerotium</i> . |
| Shea Butter (Fruit of Karite tree) | This plant butter is produced from the nuts of the large Karite tree in West Africa. Some clinical observations suggest that Shea Butter increases local blood circulation in the skin, improving the elimination of waste products. Other studies suggest that Shea Butter helps to improve the elasticity of the skin, making it a valuable addition to products for all skin types. |
| St Johns Wort Extract | St Johns Wort flowering herb is soothing, anti-inflammatory and is used for sensitive skin. It is also used as a skin tightener. |
| Sweet Almond oil | From the nut kernels of the Almond. This light oil nourishes and protects the skin. Suited to body massage formulations and useful source of vitamin D. Suitable for dermatitis and irritated skin. |
| Sweet Fennel * | The pure essential oil of crushed Fennel seeds increases the elasticity of the connective tissues of the skin. It is |

| | |
|--------------------------------|--|
| | on the skin. |
| Sweet Orange * | The pure essential oil expressed from the peel of ripe oranges is astringent, antibacterial, antiseptic, toning and cleansing. |
| Biodynamic Tea Tree oil ** | The pure essential oil from the leaves of the Tea Tree is a potent antiseptic and anti-bacterial and is excellent for the treatment of acne. |
| Organic Vanilla extract. ** | Derived from the vanilla bean and used for its great taste and aroma. |
| Vitamin E | An antioxidant used for stabilising and preservative properties |
| Walnut shell & Almond meal | Used as an exfoliate to help wash off dead skin cells. |
| Wattle seed (Acacia vitoriae) | Wattle seeds: extracted to make a soothing syrup containing anti-inflammatory properties. |
| Wheatgerm oil | Wheatgerm Oil: enriches hair with a good source of vitamins and minerals. The golden germ of the wheat is high in Vitamin E and is used for its properties that help counteract dry skin. |
| Witch Hazel ** | Witch Hazel leaf extract soothes inflamed skin. It is astringent and anti-inflammatory. |
| Ylang Ylang oil * | The pure essential oil normalises sebum production and is useful for dry, oily or combination skin. |
| Yucca Juice | The Yucca Schidigera plant is native only to the south-western deserts of North America. Traditionally Native American Indians used it for washing, shampooing, and for a myriad of different medicinal applications. The natural saponins in the juice are responsible for its superior surfactant quality. |
| Xanthan Gum | A gum produced by the pure culture fermentation of a carbohydrate also called 'Corn Sugar Gum' . It is used as a non-toxic thickener and stabiliser. |